

## Fall 2025

**Course Preview Week:** August 26 - September 01, 2025

**Semester Dates:** September 02 - December 12, 2025

### **CMHC 700 Professional Counseling Orientation and Ethics** **3 Credits**

Provides an orientation to professional counseling, ethical standards, and wellness model. Explores the role of advocacy and social justice in the counseling field and includes orientation to reflective counseling practice.

[CMHC 700 course syllabus](#)

### **CMHC 702 Counseling Skills and Strategies (Hybrid)** **3 Credits**

Provides an in-depth orientation to skills and strategies of intervention used in professional counseling settings. Offers students the opportunity to practice and apply skills in triads with peers. Utilizes assignments to develop competencies in counseling practice. *(Hybrid)*

Students starting in Fall 2026, will have to fulfill a “residency requirement” by attending two CMHC 702 course lectures in person on the UW-Parkside campus during the 14-week Fall semester.

[CMHC 702 course syllabus](#)

### **CMHC 704 Counseling Theories** **3 Credits**

Provides an introduction to the major systematic approaches to clinical mental health counseling. Examines theoretical case conceptualization and interventions, and psychotherapy research and integration.

[CMHC 704 course syllabus](#)