

Fall 2025

Course Preview Week: August 26 - September 01, 2025

Semester Dates: September 02 - December 12, 2025

CMHC 700 Professional Counseling Orientation and Ethics 3 Credits

Provides an orientation to professional counseling, ethical standards, and wellness model. Explores the role of advocacy and social justice in the counseling field and includes orientation to reflective counseling practice.

CMHC 702 Counseling Skills and Strategies 3 Credits

Provides an in-depth orientation to skills and strategies of intervention used in professional counseling settings. Offers students the opportunity to practice and apply skills in triads with peers. Utilizes assignments to develop competencies in counseling practice. *(Hybrid)**

CMHC 704 Counseling Theories 3 Credits

Provides an introduction to the major systematic approaches to clinical mental health counseling. Examines theoretical case conceptualization and interventions, and psychotherapy research and integration.