

Fall 2026

Registration Opens: April 13, 2026

Course Preview Week: September 01 - September 07, 2026

Semester Dates: September 08 - December 18, 2026

CMHC 706 Group Counseling (Hybrid)

3 Credits

Provides an in-depth orientation to group counseling leadership skills and strategies for management of group counseling. Offers students an opportunity to experience being a group member while simultaneously developing knowledge in group theories and group leadership skills. *(Hybrid)*
Beginning Fall 2026: entering students will have to attend a minimum of 2 online synchronous course lectures during the 14-week Fall semester.

CMHC 714 Lifespan Development in Counseling

3 Credits

Provides an introduction to human growth and development across the lifespan. Examines influences on multiple domains of human development, and the implications for professional counseling practice.

CMHC 756 Family and Couples Counseling

3 Credits

Examines major systemic theories and issues of family and couples counseling within a multicultural society. Explores issues, assessment and treatment of dysfunctional partner, marital, family, and systems relationships.

CMHC 776 Counseling Children and Adolescents

2 Credits

Examines the relevant theories, treatment modalities, and mental health disorders common to children and adolescents. Covers the identification and implementation of evidence-based practices that are considerate of the ethical, cultural, and developmental needs of children and adolescents.