

Spring 2026

Registration Opens: November 10, 2025

Course Preview Week: January 20 - January 26, 2026

Semester Dates: January 27 - May 08, 2026

CMHC 716 Social and Cultural Foundations of Counseling **3 Credits**

Introduces social, cultural, and diversity issues in professional counseling. Examines multiculturally competent professional counseling practice, counselor cultural self-awareness, the socially and culturally diverse society in which counselors work, and roles of professional counselors to promote social justice and advocacy.

CMHC 722 Research and Evaluation in Counseling **3 Credits**

Introduces research and evaluation in professional counseling. Presents types of research designs, basic statistics, research implementation, research report development, and publication of research information. Includes the use of program evaluation and needs assessment.

CMHC 740 Foundations of Clinical Mental Health Counseling **3 Credits**

Provides an orientation to clinical mental health counseling, roles of clinical mental health counselors in employment settings, and functions of counselors in professional settings. Introduces crisis intervention models and the role of advocacy and social justice in the field.

CMHC 754 Addictions Counseling **3 Credits**

Explores addictions theories and counseling for individuals with substance use disorders including assessment measures, treatment approaches, theory of addiction, and implications for substance use as a comorbid condition.