

The CMHC program's part-time, program of study takes 13 academic terms to complete. This is the Program of Study, the sequence of courses that students complete each semester.

Fall 1

CMHC 700 – Professional Counseling Orientation & Ethics (Hybrid)

CMHC 702 – Counseling Skills & Strategies (Face-to-Face)

Spring 1

CMHC 716 – Social & Cultural Foundations of Counseling (Face-to-Face)

CMHC 740 – Foundations of Clinical Mental Health Counseling (Hybrid)

Summer 1

CMHC 752 – Crisis & Trauma Counseling (Hybrid, 8-weeks)

Fall 2

CMHC 704 - Counseling Theories (Hybrid)

CMHC 756 – Family & Couples Counseling (Hybrid, 7-weeks)

Spring 2

CMHC 754 – Addictions Counseling (Hybrid, 7-weeks)

CMHC 758 – Counseling for Work & Career (Hybrid, 7-weeks)

Summer 2

CMHC 720 – Assessment Procedures in Counseling (Online, 8-weeks)

Fall 3

CMHC 706 – Group Counseling (Face-to-Face)

CMHC 714 – Lifespan Development in Counseling (Online)

Spring 3

CMHC 742 – Abnormal Behavior & Psychopathology (Online)

CMHC 750 – Diagnosis & Treatment Planning (Face-to-Face)

Summer 3

CMHC 7xx – First Required Elective Course

Fall 4

CMHC 722 – Research & Evaluation in Counseling (Hybrid, 7-weeks)

CMHC 7xx – Second Required Elective Course

Spring 4

CMHC 794 – Counseling Practicum (Face-to-Face)

Summer 4

CMHC 795 – Internship in Counseling I (Face-to-Face, 12 weeks)

Fall 5

CMHC 796 – Internship in Counseling II (Face-to-Face)