

Summer 2026

Registration Opens: March 09, 2026

Course Preview Week: May 19 - May 25, 2026

Semester Dates: May 26 - August 07, 2026

HWM 700 Contemporary Health and Wellness Perspectives (MS, FHW) 3 Credits

Explore the determinants of health, health equity, and best practices in fostering holistic well-being. Students will use evidence-informed approaches to effectively promote individual and organizational well-being culture through multiple communication modalities. Explore the expectations and development of wellness professionals as agents of change.

[HWM 700 course syllabus](#)

HWM 755 Health Policy and Action (New in Spring 2025) (MS, HDP) 3 Credits

Students will examine the role of government agencies in shaping health policy and health equity. Students will analyze current federal, state, and local regulations and impacts on health outcomes as well as understand healthcare systems and insurance. Students will evaluate potential providers and contracts. An emphasis will be placed on ethical principles social responsibility and diversity, equity, and inclusion (DEI).

[HWM 755 course syllabus](#)

HWM 787 Capstone Prep (MS) 1 Credits

This course provides the opportunity for students to prepare for their semester-long capstone project. Students will identify a partner organization with whom they can collaborate for completion of their capstone project the following or a subsequent semester. Students will develop a project proposal designed to synthesize and apply information from the Master of Science in Health and Wellness Management curriculum.

This course is only required for new students starting in Fall 2023 or later.

Prerequisites: 18 credits in the program or with academic director consent

[HWM 787 course syllabus](#)