

Syllabus for HWM494

Health and Wellness Management

Fieldwork

NOTE: This syllabus document contains the basic information of this course. The most current syllabus is available in the full course.

Course Description

Students engage in practical fieldwork experience as a pre-professional in a health/wellness setting to utilize skills and knowledge acquired in previous courses. This fieldwork experience is designed to further develop skills in some, but not necessarily all, of the following areas: program planning, implementation, promotion and evaluation, oral and written communication, collaboration and networking.

Prerequisite(s)

HWM 460 Leadership and Change Management in Health, HWM 470 Assessment and Evaluation for Wellness Managers, HWM 480 Employee Benefits for Wellness Managers and HWM 493 Health and Wellness Management Fieldwork Prep

Course Outcomes

Upon completing this course, you will be able to do the following:

- Apply health and wellness management skills and knowledge at the workplace in a minimum of two of the following categories:
 - Health and wellness program facilitation and/or presentation
 - Marketing and promotion of programs and events
 - Planning and development of health and wellness programs, special projects, or events.
- Develop oral and written communication skills.
- Identify ways to develop a professional network.
- Reflect on fieldwork experience in a paper and final evaluation.

Course Requirements/Components

Signed Agreement:

In HWM 493, Fieldwork Prep, the site supervisor and student signed an instructor-approved agreement indicating the goals and expectations of this experience.

Weekly Log Sheets:

Record the number of hours worked per week, cumulative semester hours, and progress on projects and assigned tasks.

Fieldwork:

150 hours of fieldwork at an approved worksite is required. Examples of fieldwork placement include a corporate wellness facility, YMCA, healthcare facility, school district, public health department, senior center, or non-profit organization.

Evaluations:

Evaluations are completed by both the student and site supervisor. The instructor will send the evaluation form to the site supervisor and request that the completed evaluation be shared with the student. Evaluation forms for students to complete are available on the course Home page. Submit your completed self-evaluation to the assignment by the date indicated on the course calendar.

Reflection Paper:

Write a one-page paper summarizing your thoughts on your fieldwork experience. Please do not discuss specific tasks and project work, as your log sheets and evaluations already include this information. Rather, reflect on what you gained from this experience, challenges you encountered and how you dealt with them, and whether or not you would recommend this placement for future students and why. Also discuss how your fieldwork experience enhanced your understanding of your university education and your sense of responsibility as a member of a worksite team. Submit to the assignment by the date indicated on the course calendar.

Grading

The following grading scale will be used to evaluate all course requirements and to determine your final grade:

Activity	Possible Points
Log Sheets (12 points each, 10 weeks)	120 points
Work Hours (Must add up to 150 hours of fieldwork)	100 points
Quality of Work (Supervisor evaluation)	200 points
Reflection Paper	80 points
Self-Evaluation	100 points
Total	600 points

Grading Scale:

- A 90-100%
- B 80-89%
- C 70-79%

D 60-69%

F At or below 59%